



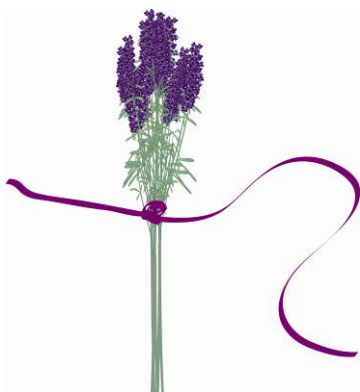
# EarthBox Garden Senior Activity Guide

## Making Lavender Wands

- Materials:**
- 9-13 complete stems of lavender
  - Scissors
  - 4 feet of ½" wide ribbon

**Step 1:** Harvest an odd number of complete lavender stems (with flowers). The recommended number of stems is 9, 11, or 13.

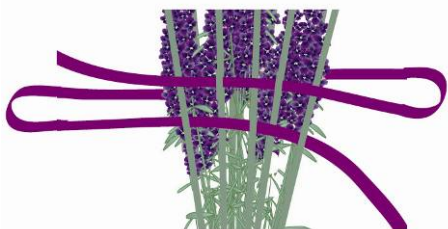
**Step 2:** Put the stems in a bunch, lining up the base of the flowers together.



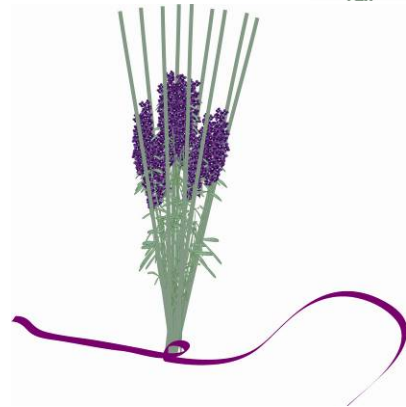
**Step 3:** Tie the ribbon around the base of the flowers, leaving 10 inches of ribbon on one side of the knot and the remaining ribbon on the other side.



**Step 4:** Fold all of the stems back over the knot and flowers in such a manner as to form a "cage" of stems around the flowers. Make sure to keep the 10 inches of ribbon out of the cage, pointing towards the base of the folded over stems.



**Step 5:** Begin weaving the long end of the ribbon in and out of the folded stems. Continue weaving until your weave has enclosed all of the flowers. Be careful when lifting stems to pass the ribbon through as they may be fragile and you do not want to break them off!



**Step 6:** When you have finished weaving, tie the loose ends of the ribbon together around the stems with a knot and a decorative bow. For a more even appearance, cut off the base of the stems so that they are all even.

**Step 7:** Place your lavender wand any where you wish to enjoy the fresh fragrance. You may also want to tie the wand to a present for a more unique (and fragrant!) gift idea.

